

**Hot food & a Warm welcome are just the beginning of Sharing the Journey to transform lives and empower people to make positive changes.**

**Please help bring the Harvest to Emmanuel House and make the difference to the most vulnerable people in Nottingham .**



**Every donation to our charity makes a huge difference to someone in crisis.**

If you plan on fundraising for Emmanuel House, sponsorship forms are available on our website.

**[www.emmanuelhouse.org.uk](http://www.emmanuelhouse.org.uk)**

**Our kitchen overheads are currently approximately £30,000 per year and financial support to fund this essential service is most gratefully received.**

**Donations can be made online**

**[http://uk.virginmoneygiving.com/  
charities/EmmanuelHouse](http://uk.virginmoneygiving.com/charities/EmmanuelHouse)**

**Cheques should be made payable to Emmanuel House.**

**Emmanuel House, 53-61 Goose Gate  
Nottingham, NG1 1FE**

**0115 9507140**

**[admin@emmanuelhouse.org.uk](mailto:admin@emmanuelhouse.org.uk)**

### **Most needed items!**

**Coffee**  
**Hot chocolate**  
**Decaf tea or coffee**  
**Herbal tea**  
**Cooking Oil**  
**Bisto gravy powder**  
**Tomato sauce**  
**Tomato puree**  
**Tinned fruit**

### **Other essentials for men and women**

**Pants**  
**Socks**  
**Trainers**  
**Sleeping bags**  
**Toilet Rolls**  
**Clothes Washing  
power/tablets**