






























Nethergate Academy

Menu Week 2

W/C Monday 1 Jan, 22 Jan,  
19 Feb, 11 Mar

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
Main Meal Choice				
Halal Beef Burger in a Bun 	Caribbean Chicken Curry 	Roast Pork 	Tuna Pasta Bake 	Breaded Cod Goujons 
Vegan Vegetable Burger in a Bun 	Caribbean Chunky Quorn Curry 	Vegan Sausage Roll 	Chunky Vegetable Pasta 	Quorn Vegan Southern Fried Nuggets 
Corn on the Cob or Barbecue Baked Beans 	Coconut Rice with Mixed Beans 	Roast Potatoes 		Jacket Potato Wedges 
		Green Beans Diced Carrots 	Mixed Salad 	Garden Peas 
		Gravy Stuffing 	Garlic Bread 	
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Chocolate Ice-cream 	Banana Sponge and custard 	Bakewell Tart and Custard 	Black Cherry and Vanilla Cupcakes 	Raspberry Jelly and Vanilla Ice-cream 
A selection of Yoghurt  Fresh Fruit and Bread  is available daily. Custard  is served with desserts as appropriate.				

Greenwood Academies Trust understands that there are different types of vegetarian diet.  
Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.  
**All chicken is Halal.** Allergen information is also available on request  
**All menu items are subject to availability**

