
































Nethergate Academy

Menu Week 1

W/C Monday 15 Jan, 5 Feb,  
4 Mar, 25 Mar

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice				
Sausage Casserole 	Minced Beef Bolognese 	Roast Chicken Breast 	Minced Lamb Pittas 	Salmon & Sweet Potato Fishcake 
Quorn Sausage casserole 	Vegetable Bolognese 	Roast Quorn Fillet 	Spiced Chickpea Pittas 	Cheese and Onion Slice 
Mashed Potatoes 	Penne Pasta 	Roast Potatoes 	Steamed Vegetable Rice 	Crispy Potato Cubes 
Broccoli 		Cauliflower Diced Carrots 		Garden Peas 
	Garlic Bread 	Gravy 	Pitta Bread 	
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Sultana Muffins 	Lemon Cheesecake 	Ginger Cake and Custard 	Rice Krispie cakes 	Strawberry Ice-cream Roll 
A selection of Yoghurt  Fresh Fruit and Bread  is available daily. Custard  is served with desserts as appropriate.				
<p>Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. <b>All Chicken is Halal.</b> Allergen information is also available on request <b>All menu items are subject to availability</b></p>				

