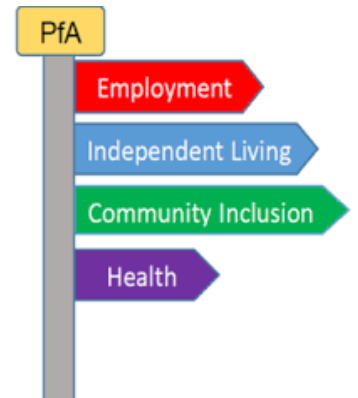
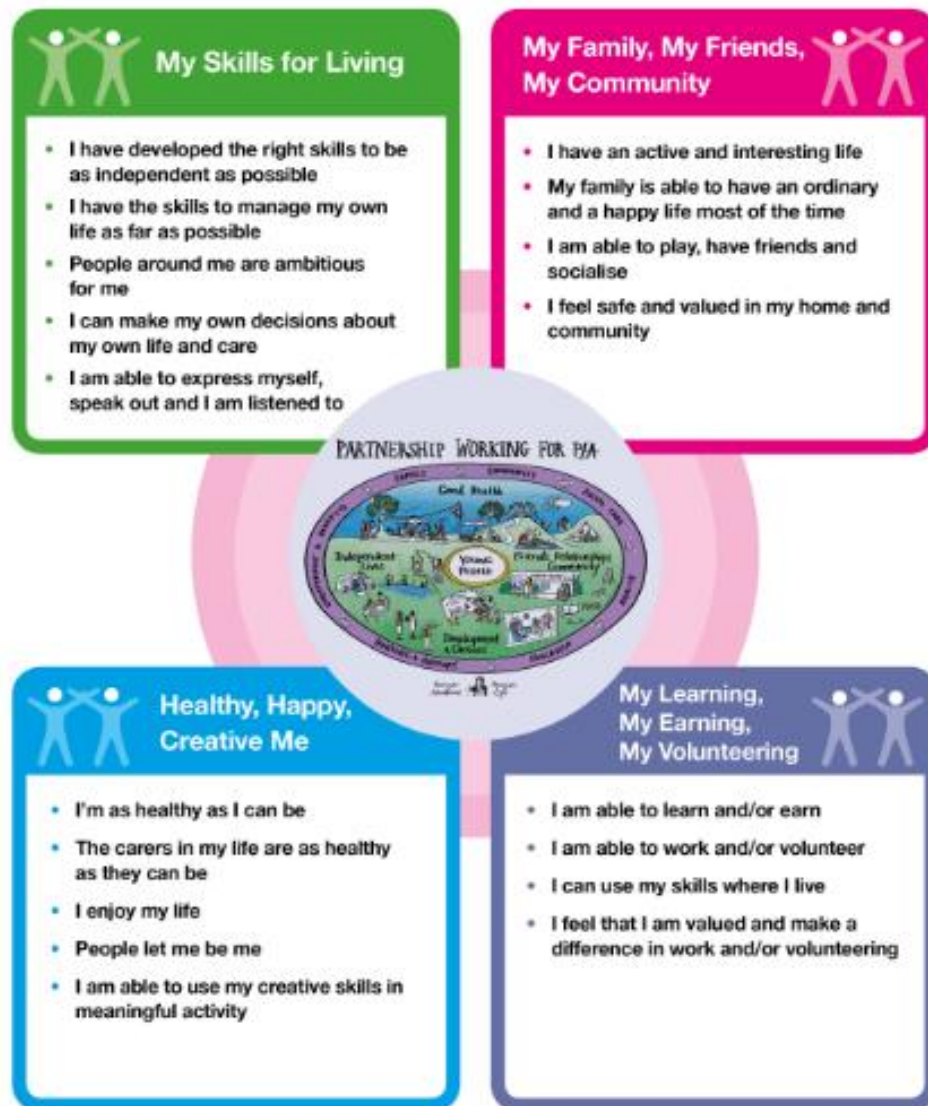


14- 19 Learning Zones

(Personal and Social Development/PSHE Curriculum linked to Preparation for Adulthood)



WHAT DO WE WANT FOR OUR YOUNG PEOPLE?

WHAT ARE WE 'PREPARING' THEM FOR?

- Will they live or independently or in a supported placement?
- Will they be able to work independently or access employment with support?
- Will they be able to access volunteering opportunities?
- Is their future destination more focussed on leisure and accessing the community?

WHAT DO THEY NEED TO LEAD SUCCESSFUL, MEANINGFUL AND HEALTHY LIVES?

HOW CAN WE ENABLE THEM TO ACHIEVE A PLACE OF VALUE IN SOCIETY?'

EMPLOYMENT

Learning Zone: My Future

- **Students grouped into teaching groups which reflect their final destinations/pathways (class groups)**
- My own skills and qualities
- Future aspirations and goals
- Exploring job and volunteering opportunities
- Understanding money and finances related to work
- Enterprise opportunities
- Encounters with employers and employees
- Encounters with FE/alternative provisions
- Experiences with workplaces
- **Careers guidance- FUTURES**
- **Functional ICT- using ICT in the workplace**

INDEPENDENT LIVES

Learning Zone: My Independence

- **Students grouped into teaching groups which reflect their final destinations/pathways (class groups)**
- Communicating my preferences
- Personal Safety (at home and in the community)
- Road Safety and Travel Training
- Cooking- preparing drinks, snacks and meals
- Shopping skills and money management
- Managing household tasks and daily routines e.g washing, cleaning, using appliances
- **Functional ICT- Using technology in the home/community**

PREPARATION FOR ADULTHOOD

- **Students grouped into teaching groups which reflect their final destinations/pathways (class groups)**
- What is a healthy lifestyle?
- Healthy Eating
- Personal Care and Hygiene
- The importance of physical activity
- Emotional wellbeing
- Zones of Regulation
- Recognising and accessing health facilities
- Drugs awareness

GOOD HEALTH

Learning Zone: My Health

- **Sometimes we will have mixed groups (across key stages) to promote friendships and a sense of community**
- Leisure and enrichment opportunities- wider school
- Maintaining friendships and relationships
- Accessing the local community e.g. shops, library
- Accessing leisure opportunities in the community
- Volunteering- community projects
- Citizenship
- RSE topics
- **Functional ICT- Using technology in the community**

FRIENDS, RELATIONSHIPS AND COMMUNITY INCLUSION

Learning Zone: My Community

KS4

Key Stage 4 will have one learning zone session per week with a change of focus each term, including statutory coverage of PSHE curriculum. Sessions will be taught in class groups by class teachers:

Autumn: **My Independence**

Spring: **My Health**

Summer: **My Future**

'**My Community**' will be taught throughout the year, every Thursday afternoon and will sometimes involve KS4 and KS5 mixing for wider school community enrichment opportunities.

KS5

6th Form will have 3x sessions each week, each lesson focussing on a different learning zone and taught by a teacher leading that zone (My Independence, My Health, My Future).

They will also have a 'My Community' day each Thursday which will include offsite visits, links with community projects and mixing with KS4 for wider school enrichment activities.

Accreditation for both key stages will be mapped to curriculum outcomes- OCR Life and Living Skills Units and/or ASDAN qualifications







14-19 pathways at Nethergate- where will our young people go?

Pathways		Accreditation students may work towards during KS4/5:	Possible destinations
Informal	Independent Living	ASDAN Personal Progress OCR Life and Living Skills (Pre-entry/Entry Level 1) Supported workplace encounters Vocational college tasters	Day Services Specialist colleges Supported Living Volunteering opportunities
Semi-Formal	Independent Living	OCR Life and Living Skills (Entry Level) ELC Maths and English ELC Art and Design ELC PE Functional Skills (Entry 1-2) ASDAN Employability/PSD (Entry Level 1-2) Work experience Vocational college tasters	College- supported learning courses Supported living Supported employment Volunteering opportunities
Formal	Employability/ Supported Internship	ELC Maths and English ELC Art and Design ELC PE Functional Skills (Entry 2-Level 1) OCR Life and Living Skills (Entry Level) ASDAN Employability/PSD (Entry Level 2-Level 1) Work experience Vocational college tasters	Employment/ Supported employment Supported Internship College- vocational courses Independent Living Volunteering opportunities

Learning Zone Curriculum Sequence 2022-23




6th form Overview


	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
 <p>My Future</p>	<p>Self-Awareness Things I am good at Recognising others' strengths Writing a CV/personal statement</p> <p>Future Goals and Aspirations</p>	<p>Mini- Enterprise Project</p>	<p>Exploring Jobs and Future Destinations</p> <p>Encounters with Employers and Employees/FE/ alternative provisions</p>	<p>Exploring Jobs and Future Destinations</p> <p>Money and Finances</p>	<p>Work Experience</p> <p>Rights and Responsibilities (Rules and Laws/Health and Safety)</p>	<p>Work Experience</p> <p>Transition Reflect and Review</p>
 <p>My Independence</p>	<p>Self- Awareness Communicating my preferences</p> <p>Keeping Safe at Home</p>	<p>Managing Household Tasks</p>	<p>Keeping Safe in the community</p> <p>Keeping Safe online including public vs private</p>	<p>Cooking Preparing drinks, snacks and meals</p>	<p>Road safety and using public transport</p> <p>Using and budgeting money</p>	<p>Using Shopping Facilities</p>
 <p>My Health</p>	<p>What is a healthy lifestyle? healthy vs unhealthy</p> <p>Personal Care and Hygiene</p>	<p>Taking Care of Myself</p> <p>Keeping Well Including drugs awareness</p>	<p>Identifying and expressing feelings</p> <p>Managing our emotions</p> <p><i>Children Mental Health Awareness Week</i></p>	<p>Heathy Eating</p> <p>Taking care of my physical health</p>	<p>Keeping Well</p> <p>RSE: Changing and Growing Changes to our bodies/puberty Body Image</p> <p><i>Mental Health Week</i></p>	<p>Accessing Health Facilities</p>

 <p>My Community</p> <p>1 full day per week</p>	<p>Self-Awareness People who are special to us</p> <p>Belonging to a Community Identifying different community groups</p> <p>Mini Social Enterprise Project Linked to fundraising for a community group/charity or an environmental awareness project</p>	<p>Getting on with Others</p> <p>Respecting Others Kind and Unkind Behaviours</p> <p>Working with Others (KS4/5) (Enrichment opportunities TBC)</p> <p><i>Anti-Bullying Week</i></p>	<p>Volunteering Project in the Community TBC</p>	<p>RSE: Changing and Growing Different types of relationships</p> <p>RSE: Changing and Growing Dealing with Touch</p>	<p>Accessing facilities in the local community e.g., for leisure</p> <p>Respecting Differences between People</p>	<p>Moving On (Prom and Leavers' assemblies)</p> <p><i>Nottingham RSE Day</i></p>
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Learning Zone Curriculum Sequence 2022-23

KS4 Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
 <p>My Future</p>					<p>Self-Awareness My Skills and Qualities, likes and dislikes Future Aspirations</p> <p>Exploring Jobs and Future Destinations</p> <p><i>Mental Health Week</i></p>	<p>Work Experience</p> <p>Money and Budgeting</p> <p>Rights and Responsibilities</p>
 <p>My Independence</p>	<p>At Home -Keeping Safe at home and online - using household appliances</p>	<p>Out and About -Keeping safe in the community - Road safety/travel</p> <p><i>Anti-Bullying Week</i></p>				
 <p>My Health</p>			<p>Emotional Wellbeing -Identifying and expressing feelings -Managing our emotions - What impacts on our emotional wellbeing</p> <p><i>Children Mental Health Awareness Week</i></p>	<p>Taking Care of my Physical Health -Healthy Eating - Importance of Exercise - Personal Hygiene</p> <p>RSE: Changing and Growing Changes to our bodies/puberty Body Image</p>		

 <p>My Community</p> <p>½ a day per week</p>	<p>Self-Awareness People who are special to us/groups we belong to</p> <p>Respecting Others Kind and Unkind Behaviours</p>	<p>Working with Others (KS4/5) (Enrichment opportunities TBC)</p>	<p>Social Enterprise Fundraising/community project/environmental awareness</p> <p>John Muir? (ask Sharon)</p>	<p>RSE: Changing and Growing Different types of relationships</p> <p>RSE: Changing and Growing Dealing with Touch</p>	<p>Respecting Differences between People</p> <p>Exploring and accessing the local community- local leisure facilities</p>	<p>Moving On (Prom and Leavers' assemblies)</p> <p><i>Nottingham RSE Day</i></p>

Year 10 students + 5x KS5 not attending college on Fridays:

Autumn term- Life Skills (cooking lunch for 14-19) /allotment