



Nethergate Academy

Menu Week 2

W/C Monday 7 Sept, 28 Sept,
2 Nov, 23 Nov, 14 Dec

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
Main Meal Choice				
Baked Potato with a choice of the below fillings: Tuna Mayonnaise or Chicken Korma. 	Minted Lamb Wraps 	Pork Sausage 	Tuna Pasta Bake 	Beef and Vegetable Pasty 
Vegetable Korma, Cheese or Baked Beans 	Vegetable Burger 	Quorn Sausage 	Courgette and Aubergine cheesy Pasta Bake 	Cheese & Onion Pasty 
	Plain Rice 	Roast Potatoes, Broccoli, Peas 	Penne Pasta 	Seasoned Diced Potato Cubes Baked beans  
	Grated Cheese Corn on the cob  	Gravy 	Garlic Bread 	
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Chocolate Brownie 	Cinnamon Sponge & Custard 	Vanilla Cupcakes 	Orange Jelly & Fruit Cocktail 	Frozen Mango Smoothie 
A selection of Yoghurt  Fresh Fruit, Mixed Salad and Bread  is available daily. Custard  is served with desserts as appropriate.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. (H) Represents a halal option. Allergen information is also available on request All menu items are subject to availability				



GREENWOOD ACADEMIES TRUST