



Nethergate Academy

Menu Week 1

W/C Monday 31 Aug, 21 Sept, 12 Oct,
16 Nov, 7 Dec

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice				
Baked Potato with a choice of the below fillings: Tuna Mayonnaise Beef Chilli Con Carne 	Chicken Tikka 	Roast Beef & Yorkshire Pudding 	Chicken & Bacon in Tomato Pasta Sauce 	Fish Fingers 
Quorn Mince Chilli Con Carne Cheese or Baked Beans 	Cauliflower Tikka 	Roast Vegan Quorn Fillet & Yorkshire Pudding 	Vegetable Pasta Bake 	Vegetable Fingers 
	Vegetable Rice 	Roast Potatoes Broccoli 	Peas 	Mashed Potato Baked Beans 
	Naan Bread 	Gravy 	Garlic Bread 	
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Chocolate and Cherry Cupcakes 	Raspberry Jelly 	Apple Sponge and Custard 	Strawberries and cream 	Vanilla Ice-Cream 
A selection of Yoghurt  Fresh Fruit, Mixed Salad and Bread  is available daily. Custard  is served with desserts as appropriate.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. (H) Represents a halal option. Allergen information is also available on request All menu items are subject to availability				

