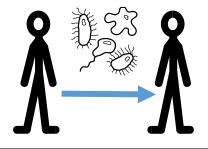


Washing your hands



Lots of people are **getting poorly** at the moment because of a new illness called **coronavirus**



The virus is passed from **person to person** by **germs**

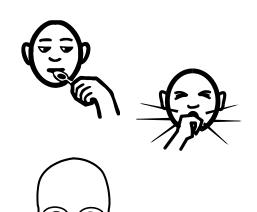


To **help stop** the spread of **germs**, people **must** wash their hands with **soap and water**:



We must take our time when we wash our hands.

Washing between **fingers** and **all over** our hands.



We should wash our hands

- Before eating
- After sneezing or coughing
- After touching your nose or mouth