

































NEW MENUS – SPRING 2020

Nethergate Academy – WEEK 2

Name _____ Class _____

w/c Mon 6 Jan, 27 Jan,
24 Feb, 16 Mar

Please select one main meal choice per day

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL CHOICE					
MAIN	Steak Pie <input type="checkbox"/> 	Turkey Meatballs in Tomato & Basil Sauce with Pasta <input type="checkbox"/> 	Roast Chicken Breast (H) <input type="checkbox"/> 	Chilli Beef Burritos <input type="checkbox"/> 	Breaded Chicken ¼ Pound Burger <input type="checkbox"/> 
VEGETARIAN	Cheese & Onion Pasty <input type="checkbox"/> 	Breaded Fish Squares with Parsley Sauce <input type="checkbox"/> 	Roasted Quorn Fillet <input type="checkbox"/> 	Vegetable Burritos <input type="checkbox"/> 	Vegetable & Cheese Country Bakes <input type="checkbox"/> 
ALTERNATIVE	Tomato & Vegetable Pasta with Garlic Bread <input type="checkbox"/> 	Jacket Potato – choice of fillings <input type="checkbox"/> 	Macaroni Cheese <input type="checkbox"/> 	Jacket Potato – choice of fillings <input type="checkbox"/> 	Sweet & Sour Stir Fry Vegetables <input type="checkbox"/> 
Served with	New Potatoes Peas & Sweetcorn Gravy <input type="checkbox"/>   	Creamed Potatoes Broccoli Mixed Salad <input type="checkbox"/>   	Roast Potatoes Carrots & Garden Peas Gravy <input type="checkbox"/>   	Wholegrain Rice Sweetcorn or Mixed Salad <input type="checkbox"/>   	Noodles or Jacket Wedges Baked Beans Mixed Salad <input type="checkbox"/>   



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Please select one main meal choice per day

Dessert

Ginger
Bread
Person



Blueberry
Muffins



Fruit
Topped
Cheese
Cake



Sultana
Cake



Ice
Cream
Roll



A selection of Yoghurt
Is available every day



Fresh Fruit and Bread are available
on a daily basis



Custard is served with desserts
as appropriate



Greenwood Academies Trust understands that there are different types of vegetarian diet.
Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.
(H) Represents a halal option is available. Allergen information is also available on request

All menu items are subject to availability



GREENWOOD ACADEMIES TRUST